

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: COUNSELLING SKILLS

Code No.: DSW 204-3

Program: DEVELOPMENTAL SERVICES WORKER

Semester: THREE

Date: SEPTEMBER 1990 Previous Date: SEPTEMBER 1989

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APPROVED:

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DATE:

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Page 2

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Instructor: Ed Finn

PHILOSOPHY/GOALS

This course is designed to provide the student with an introduction to counselling for use with the developmentally handicapped on an individual and group basis.

1. To develop in the learner the "self as instrument" concept in working with the handicapped.
2. To enable the student to develop specific competencies in counselling the developmentally handicapped.
3. To enhance the learner's development of a feeling of self-worth.

METHOD OF ASSESSMENT (GRADING METHOD):

1. Regular attendance and participation in class. (33 1/3%)
2. Responsible for class notes and reading assignments as well as notes taken from films or videotapes.
3. Mid-term and final exams will be given. (66 2/3%)
4. Individual conferences will be held and a grade will be determined.

TEXTBOOK:

The Greatest Miracle in the World. Og Mandino.

METHODOLOGY:

1. Lectures in which the instructor will discuss the concepts used in counselling.
2. Videotapes, films, and audiotapes in which the student will be responsible for notes taken on the material presented.
3. Individual and group counselling experience in which the student will participate in role playing, simulation, active listening, and interviewing.

COURSE OBJECTIVES:

1. The student will identify the principles of mental health for use in counselling.
2. Identify the phases through which many parents of developmentally handicapped children proceed as they adjust to the fact that their child is handicapped.
3. The student will demonstrate the ability to listen, observe, express, and interview as it relates to counselling.
4. The student will identify the difference between good and poor counsellors.
5. The student will identify the qualities of a loving human being.

RELATED READINGS:

The student will choose a counselling related book to report on in class, i.e.:

- a) A New Guide to Rational Living - A. Ellis
- b) I Ain't Much Baby, But I'm All That I've Got - J. Lair
- c) Why Am I Afraid To Tell You Who I Am - J. Powell
- d) Death and Dying - E. K. Ross
- e) Reality Therapy - W. Glasser
- f) Man's Search for Meaning - Victor Frank
- g) The Inviting Relationship - Wm. Purkey
- h) The Greatest Miracle in the World - Og Mandino

COLLEGE GRADING SYSTEM

90 - 100%	=	A+
80 - 89%	=	A
70 - 79%	=	B
60 - 69%	=	C
Below 60	=	R (Repeat Course)